

# Recruit Review



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Accountability  
Integrity  
Respect  
Teamwork  
Professionalism

## Inside this issue:

Police Corps A&C      2  
Test Outs

Traffic Law              2

Community Policing    3

Week In Review        3

“Although we can feel our future around the corner, we must not forget what we have learned in the past, so we can find success today.”

—William McCormick

Recruit Powell and Recruit Geiszler show off their fancy footwear for Martial Arts. Recruit Geiszler refers to his as his special “Moon Boots.” We all feel sorry for him, but he is who he is.



Recruit McFarlane punches through a board in Martial Arts. We think she was mad because the board called her and Recruit Ellestad the “Doublemint Twins.” We will never know.

Mr. Sacia tries not to laugh as he looks over the work of Recruits Meader, Spence, Powell, and Ondricka.



## Police Corps Arrest and Control Test Outs



**By: Vance Henning**

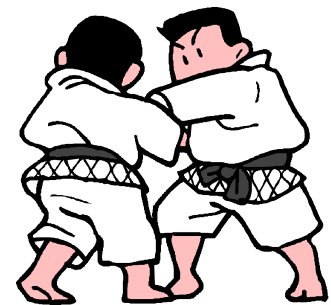
On Sunday night we faced one of the most physically challenging tests so far. We concluded our Arrest and Control Techniques class with a fifteen-minute work out, a two-minute break, and five more minutes of a punch deflection drill. At the end of the night we were exhausted, sore, and filled with confidence.

Throughout our weeks of

A&C Techniques training, we learned a lot of self-defense techniques. The repetition made these techniques become second nature to us. For our last class, we had to perform these techniques for fifteen minutes straight. Though we have done ten-minute workouts before, it was nothing like a fifteen-minute workout. The fifteen-minute workout consisted of battling a fresh person every minute and a half. That means the intensity is up for the entire fifteen minutes. After the intense fifteen minutes, we had a two-minute break. After the two-minute break, we made a circle with the individual in the middle. Then, for five minutes, that individual would have to deflect a punch thrown at them from those individuals making up the circle. That was the conclusion of our test out.

Despite the aches and pains we all faced the next day, the test out was a great experience because it gave us confidence. We now know that we

can defend ourselves for twenty minutes, if need be. Hopefully we'll never have to but if we do, we'll be ready!



## Traffic Law Teach-backs



**By: Matt Spence**

On Sunday, October 20, 2002 we spent the majority of the day going over Chapter 347 and Transportation Code 305. Between these two sections we were responsible for knowing a block of statutes well enough so as to teach the statutes back to the remainder of the class. In these two sections we learned statutory aspects of vehicle

equipment from the exact specifications of seatbelt design and use to the regulations with respect to lights and lighting of the vehicle.

We all soon realized this is an important part of our profession for several reasons. The primary reason that we are expected to know this material is because these chapters involve those regulations outlining the basic operation and safety of the vehicle. Operating a vehicle with an large crack in the windshield has been shown to weaken the structure, making it less safe for the driver and its passengers. Using inappropriate lighting or inadequate lighting makes operation of the vehicle unsafe not only for the individuals in the vehicle but other vehicles on the road that operate under a particular expectation.

As we learned in class, a vio-

lation of these regulations will give us the justification needed to stop a vehicle. Even if our intention is to give the driver a warning for the violation, the stop may yield an intoxicated driver or an individual that is wanted. When stopping vehicles for these violations it allows us to utilize some of the Community Policing skills and interact with the public, perhaps even educating them on the violation and the reason for the law.

We put the regulations that we had just learned to use by going out and looking at a vehicle. Sgt. DeFrang quizzed us on the particular statutes and clarified some points that we were unclear of when we were learning the statutes. To wrap up the day we briefly looked at our vehicles to see if we could assess any violations that would warrant a stop.

## Community Policing



**By: Ruth Ellestad**

This week we were privileged to have Sgt. Darden back with us to wrap up our 80 hours of community oriented policing with him. The topic of discussion on Monday and Tuesday was racially biased policing. Whether we like to believe it or not, this is still an unfortunate occurrence in many police agencies today. Many times a

blind eye is turned towards this problem and nothing is done to counter its existence. Through videos and student-led discussions, our class looked at what exactly racially biased policing is and what can be done to try and stop it.

Racial profiling is “using race, alone or with other factors, as a proxy for suspiciousness.” It is “exercising officer discretion in a racially uneven way.” How can we combat this problem? Acknowledging that it exists is a key step. By talking about it and involving community members in our discussions we can try to work together to eradicate the problem.

Anais Nin once said, “We don’t see things as they are, we see them as we are.” By seeking to understand where others are coming from we will better be able to identify with how they respond to different situations.

Wednesday and Thursday our discussion centered on school violence. We took a closer look at the school shootings in the past few years and tried to get a deeper understanding of what had brought about such violence in those youths. A school is really a small community inside a larger community. Things that go on in schools such as bullying and other forms of violence go on because they are accepted at some level by society in general.

A saying by from the Romans hits close to home; “What society does to its children, its children will eventually do to society.” As officers we need to work to prevent all forms of violence, including bullying, and work to create better relationships with our communities and the youths who will be the future leaders of these communities.

## Week In Review



**By: William McCormick**

This week started off with a session of traffic law teach-backs. We went over chapter 347 of the Wisconsin Motor Vehicle Law. We also each taught a section in Trans 305 to the rest of the class. Sunday night we also had

a high impact four hours of A&C test outs. Each recruit gained a sense of accomplishment after finishing a fifteen minute workout that made us realize we have learned defensive moves that can and will save our lives.

Monday stated off our final four days of Community Policing with Sgt. Darden of the Minona Police Department. We discussed many challenging topics, from school violence to other aspects of community problem solving. We also had our final days of Boxing and Martial Arts. We were allowed to test what we have learned in sparring matches.

This week we also said goodbye to the National Guard Challenge Academy on our final days of tutoring and PT.

We are looking forward to finishing up this week with Team

Building and Leadership classes with Lt. Neuman on Friday.

Next week we dive headfirst into simulation scenarios on Monday. On Tuesday we will be going over liquor laws and fraudulent ID’s and will be having our final PT test on Wednesday.

We are looking forward to starting our shift scenarios on Thursday, which will finish up on Sunday. These scenarios will allow us to work four full shifts and will encompass everything we have learned at the academy.

We have two weeks left and we are all looking forward to getting out on the road. We will miss the academy, but we are all looking forward to finding our respective places on the road.